

Foot Clave Exercises

Cascara 3-2 to 2-3 Son Clave Alternating

Drum Set

This section shows a drum set pattern for the first half of the exercise. It consists of two measures of 4/4 time. The pattern includes various strokes like downbeats, upbeats, and fills, with specific notes highlighted by vertical arrows pointing upwards from the staff.

Vamp

D. S.

This section shows the first half of the exercise for the D.S. (Drum Set). It consists of two measures of 4/4 time, starting with a Vamp pattern followed by the alternating clave pattern.

Vamp

D.C. al Fine

Cascara 2-3 to 3-2 Son Clave Alternating

D. S.

This section shows the second half of the exercise for the D.S. (Drum Set). It consists of two measures of 4/4 time, starting with a Vamp pattern followed by the alternating clave pattern.

Vamp

D. S.

This section shows the final half of the exercise for the D.S. (Drum Set). It consists of two measures of 4/4 time, starting with a Vamp pattern followed by the alternating clave pattern.

Vamp

D.C. al Fine

Bongo Bell 3-2 to 2-3 Son Clave Alternating

D. S.

This section shows the first half of the exercise for the Bongo Bell. It consists of two measures of 4/4 time, starting with a Vamp pattern followed by the alternating clave pattern.

Vamp

D. S.

This section shows the second half of the exercise for the Bongo Bell. It consists of two measures of 4/4 time, starting with a Vamp pattern followed by the alternating clave pattern.

Vamp

D.C. al Fine

Bongo Bell 2-3 to 3-2 Son Clave Alternating

D. S.

This section shows the first half of the exercise for the Bongo Bell. It consists of two measures of 4/4 time, starting with a Vamp pattern followed by the alternating clave pattern.

Vamp

D. S.

This section shows the second half of the exercise for the Bongo Bell. It consists of two measures of 4/4 time, starting with a Vamp pattern followed by the alternating clave pattern.

Vamp

D.C. al Fine

Mambo Bell 3-2 to 2-3 Son Clave Alternating

Vamp

D. S.

41

Vamp

D. S.

46

D.C. al Fine

Mambo Bell 3-2 to 2-3 Son Clave Alternating

Vamp

D. S.

51

Vamp

D. S.

56

D.C. al Fine